

# WALK 4 WATER

[www.walk4water.org](http://www.walk4water.org)

## Church & Family Resources

Education, Devotions, Projects



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# WALK4 WATER

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## Bible Class Curriculum

### Lesson Objectives

1. Introduce the Walk4Water Project
2. Recognize developing countries' need for access to pure water
3. Identify the consequences of drinking unsafe, impure water
4. Identify solutions for providing pure water supply to developing countries (wells and filtration)
5. Identify our personal role in providing aid (prayer, sharing of what we have, being thankful for what we have been blessed with)

### Introducing Walk4Water

1. Open up class with a snack and bottled water that has dirt in it. Ask the children why no one is drinking their water.
2. Compare and contrast the qualities of a clean pitcher of water from a dirty pitcher of water.
3. Have two dishpans of water, one clean and one filled with dirt, and bathe a baby doll in both. Talk about the differences.
4. Pollute water in a clear jug with just a couple of drops of food dye which can represent dirt, germs, pollution, disease, etc. Discuss how quickly just a little bit of pollution can taint the entire water jug



1. View <http://www.hhi.org/media/videos/walk-4-water-2013>
2. Show additional videos <http://vimeo.com/21941073> to showcase what life is like for some families in developing countries
3. This video shows what clean water in their country looks like after someone has helped them: <http://vimeo.com/26589110>

# Recognize the Developing Countries' Need for Access to Pure Water

1. With younger students, you may choose to mute and pause, as you go, explaining to the children what they are viewing.
2. Read the story about and African boy, Abasi, which highlights how dirty water affected him and his family and how having clean well water changed his life. Use a diagram to have students brainstorm before and after effects of dirty/clean water (see attachment).
3. Share statistics (see attachment)

## Identify the Consequences of Drinking Unsafe or Impure Water

### The Glitter Germ Handshake Activity

1. Have children stand in a circle or in two lines. Sprinkle glitter in one or two children's hands. (or all of their hands; maybe even use dirt)
2. Pretend that the specks of glitter or dirt are germs. Now shake hands with the person next to you.
3. Have them then shake hands with the child next to him/her thereby spreading some of the glitter onto that child's hand. Have those children then shake hands with other children, and so forth until everyone has shaken hands with a glittered hand. (or have each child rinse hands in water and then show everyone the "dirty" water with lots of "germs". Then since this is your only water and you have no way to clean it, use a ladle and dip out "dirty" water for children to "drink")

1. For older children, specific illnesses can be briefly explored (arsenic poisoning, ascariasis, cholera, cryptosporidiosis, diarrhea, lead poisoning, leptospirosis, schistosomiasis, typhoid, and guinea worm disease (dracunculiasis)
2. Health, Education, Quality of Life
3. This is a chance to talk about how blessed we are with the opposite- safe and pure water
4. List all the ways we use our water in our every day activities and all the health benefits to drinking pure water



## **Identifying Solutions for Providing a Pure Water Supply**

1. Define what a water well and a water filter are
2. Demonstrate a simple filtration system or show a video regarding what a well is or water well drilling

## **Identifying Personal Role in Providing Aid**

1. What are some things that you are thankful for? (Clean water, don't have to walk to have access to the water)
2. How do we show our thankfulness to God? (Prayer, actions with our hands and feet)
3. What is the best thing to do when we have something that someone else does not have? (Share)
4. How can we share our blessings with those that don't have water? (We can help provide money to help drill a well)
5. Discuss Walk4Water in your church family and community. Begin registering walkers and sponsors.
6. Brainstorm ideas for ways to collect and share our money. (See family devotional guide for more ideas.)

# Stewardship

God has given us SO much. He has given us life. He gave us friends and family. God gives us talents and abilities. He has provided for our basic needs such as food, shelter and water. Stewardship comes from the word steward. A good steward is one who

does a good job taking care of something. If we want to be good stewards for God, we must take care of the many things God has given us. That includes our gifts and abilities to earn money. Basically we respond to God's great gifts by giving back to Him.

*"You should each give what you have decided in your heart to give. You shouldn't give if you don't want to. You shouldn't give because you are forced to. God loves a cheerful giver" (2 Corinthians 9:7, NIRV).*

(Print or have your child write the memory verse. Place it throughout the house, recite the verse together morning, day, and night.)



## DEVOTIONS, BIBLE LESSONS, & DISCUSSIONS

The Faithful Servants (Read Matthew 25:14-28), The Rich Young Man (Read Mark 10:17-27), The Widow's Offering (Read Mark 12:41-44)

**Prayer.** Ask your children to pray about what God wants them to give to Walk4Water. Discuss ways to earn money they can donate.



## How Can I Use What God has Given Me to Help Others Have Water?

Lemonade Stand • Share Your Allowance • Garage Sale • Donate Earnings from Mowing Lawns • Donate Earnings from Carrying Neighbors' Trash to Curb on Trash Day • Donate Earnings from Pet Sitting, Grooming, or Walking • Donate Your Birthday (ask for money for Walk4Water instead of presents) • Sell Crafts that You Make • Organize a Talent Show or Concert with Friends with Admission Charges for Donation • Design and Sell Holiday, Birthday, Greeting Cards • Bake Sale • Wrap Gifts at a Local Toy Store or Gift Store Donating Tips • Gather Family Favorite Recipes and Sell Booklets • Give It Up to Give It Away- Only Drink Tap Water and Collect the Money Saved • Sell Your Books, CDs, and DVDs to a Place Such as Half-Price Bookstore

# Thankfulness

Thankfulness is a way of expressing thanks, or gratitude for the things, opportunities, blessings, and gifts in your life. Think about some things that you have to be thankful for. Talk about these with your family. Thankfulness comes from the heart and spills over into what we say and do. When we are thankful to God, we recognize that He is the one who has given to us.

*"Give thanks in all circumstances; for this is God's will for you in Christ Jesus."  
(1 Thessalonians 5:18)*

(Print or have your child write the memory verse. Place it throughout the house, recite the verse together morning, day, and night.)



## DEVOTIONS, BIBLE LESSONS, & DISCUSSIONS

A Thankful Leper (Read: Luke 17:11-19), Thankfulness by Daniel (Read Daniel 2:23) Other verses that talk about faithfulness: Psalm 69:30, Psalm 100:4, Colossians 3:15, Colossians 4:2, 1 Timothy 2:1-2, 1 Timothy 4:4-5, 1 Thessalonians 5:18

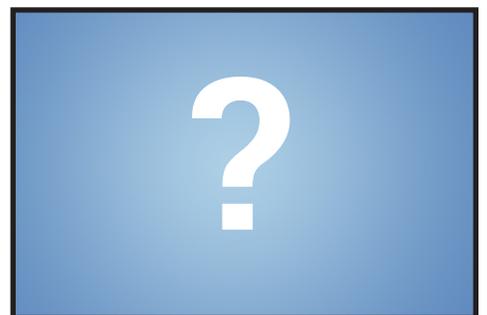


## Activities to Foster Thankful Hearts

See attached activity sheets: "The Blessing of Clean Water!" and "How Much Water Do You Use?" Spend time talking about, praying about, and completing the activities on each sheet.

# The Blessing of Clean Water!

Cut out the pictures and place them around the house to remind your family to thank God for the blessing he has given you with clean water. Also take the time to pray for those who don't have clean water.



## Where else do you use water in your house?

# How Much Water Do You Use?

How much water do you use? How much water does your family use? Many families across the world must walk to a nearby or far away source of unclean water to get the water they need. Often, they collect their water in 5 gallon containers and carry it home.

Activity	Amount of Water (in gallons)		Times Per Day		Total Usage
Brushing Teeth (water turned off)	.25	x		=	
Brushing Teeth (water turned on)	1	x		=	
Washing Hands and Face	1	x		=	
Shower	15 (3 gal per minute)	x		=	
Filling Bathtub	20 (3 gal per minute)	x		=	
Toilet Flushing	2	x		=	
Cup of Tea, Hot or Cold Drink	.1	x		=	
Clothes Washer	30	x		=	
Dishwasher	11	x		=	
Total Amount Per Day					

1. How many trips would you need to make in one day in order to complete the tasks listed in the chart above?
2. Could you collect and carry that much water every day?
3. How much does the water you use in a day weigh?
4. How different would your life be if you had to collect water in this way?
5. Each time you use water, try to remember to thank God for how easy, accessible, and clean water is for you and your family.

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